



## Florence Food Share

... helping to alleviate hunger in west Lane County

Volume 4, Issue 2

Spring 2008

# THE FOOD BOX

### Executive Director:

Karen Lyn

### Board of Directors:

Glen Becker

Sharon Geers

Desiree Johnson

Teresa Lewis

Bonnie MacDuffee

Randy Paredes

Trish Young

### Employees:

Jeff Kernan

Todd Smitherman

### Volunteers Always Needed!

Volunteers are always needed Monday thru Friday in our daily operations to:

- ... Pack food boxes
- ... Stock shelves
- ... Break down large food quantities
- ... Work in our garden
- ... Pick up food from businesses

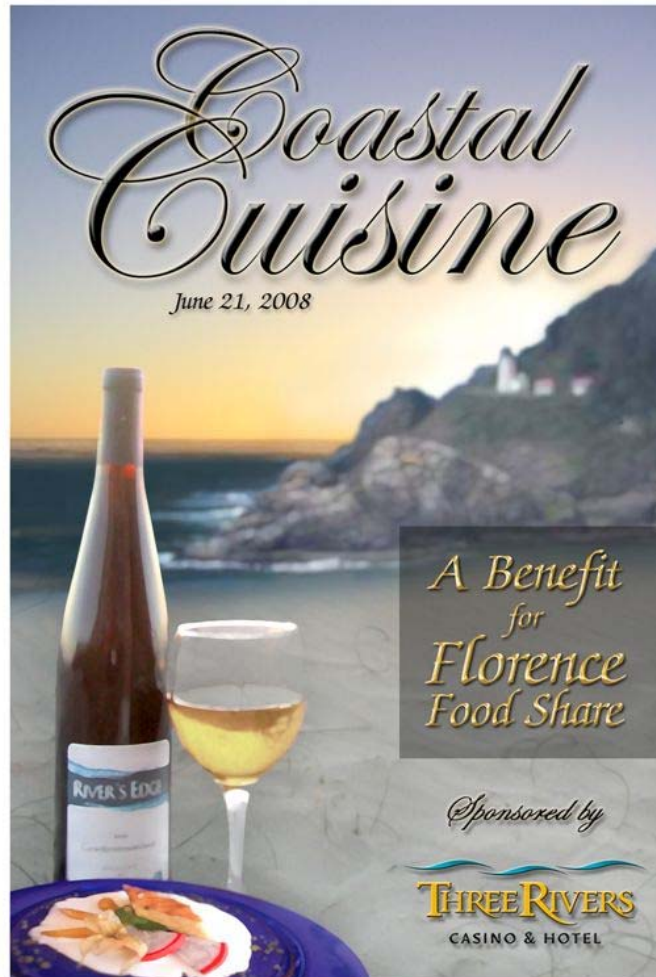
Call us at 997-9110. Thank you!

### Non-discrimination Statement

Florence Food Share will not discriminate against any individual based on their race, color, religion, national origin, disability, age, sex, sexual orientation or association with any of these protected classes.

Florence Food Share is an Equal Opportunity Service Provider.

## COASTAL CUISINE - A NEW FUNDRAISER COMING TO FLORENCE



Mark your calendars! Save the date! **Coastal Cuisine** is coming June 21, 2008!

Florence Food Share's first annual Coastal Cuisine is an exciting new fundraising event for the Florence area! Styled after the very popular Chef's Night Out held in Eugene, Coastal Cuisine will bring restaurants, wineries and breweries from Lincoln City to Brookings together for an evening of tasting delights. Three Rivers Casino and Hotel is the title sponsor for this first time event—and the beautiful, new Three Rivers Casino and Hotel Events Center is the location. Beginning at

6:00 pm and lasting until 9:00 pm, this event promises to be a very special evening.

The ticket price of \$50.00 is all inclusive for a delightful and delicious evening while supporting the great work of Florence Food Share in our community! Tickets are available starting April 1st at Florence Food Share, 2190 Spruce Street, from 9:30 am until 1:00 pm Monday through Friday; or from Three Rivers Casino and Hotel by phone at 997-PLAY (7529), on line at [www.threeriverscasino.com](http://www.threeriverscasino.com), or in person.

Don't miss this opportunity to share in a great event while supporting the ever increasing needs of Florence Food Share.

**MESSAGE FROM THE PRESIDENT**



**Bonnie  
MacDuffee**

Is it spring yet? I know it's been a long winter, for some perhaps longer, because of worries about feeding their families and themselves.

I am so thankful that we have such a great resource here in Florence, like Food Share, to help with the issue of hunger. And I am even more grateful for the many donors and volunteers that make this resource possible.

If you don't currently volunteer at Food Share, spring is a good time to do so. The garden is growing and needs lots of tending, but we can also use help elsewhere.

If you are wondering how you might help keep the shelves full, you might consider the frequent "Buy 1, Get 1 Free" ads. When you are shopping, pick up the "free one" and donate it to Food Share. That way, it isn't taking anything extra from your budget, but helps fill the need. If everyone did this, it would certainly help keep Food Share supplied.

Help us keep the message out there that hunger is still a concern for our community. Anything you can do to help is greatly appreciated.

Bonnie MacDuffee  
President of the Board

**FOOD SHARE GUIDE TO GIVING**

There are many ways you can help Food Share on an ongoing basis with your giving. You can continue a personal legacy by giving a portion of your estate to Food Share in the following ways:

- ...Wills or Bequests
- ...Trusts (Charitable Lead Trust or Charitable Remainder Trust)
- ...Charitable Gift Annuities
- ...Life Insurance Beneficiaries
- ...Mutual Fund Beneficiaries
- ...Donor Advised Funds

In addition, you can make tax-deductible donations to an endowment fund for Florence Food Share with the Western Lane Community Foundation (WLCF). These donations can be made to Western Lane Community Foundation, PO Box 1589, Florence, OR 97439. Specify Florence Food Share as the recipient.

Contact your financial advisor or financial institution for more information.

One other option is to send a check directly to:  
 Florence Food Share  
 PO Box 2514  
 Florence, OR 97439

All donations will be acknowledged with a receipt, if requested. Thank you in advance for including us in your giving.

**WHAT IS A .... Charitable Remainder Trust?**

A donor makes an irrevocable transfer of property and can receive income or create an income interest for others. The donor receives a partial income tax deduction for that year and is not taxed on the sale or transfer of appreciated property. At the end of the trust (usually when the last beneficiary dies), remaining assets go into a permanent charitable fund. Western Lane Community Foundation (WLCF) may act as trustee as appropriate and upon request. Contact WLCF at 997-1274 to schedule a confidential one-on-one meeting to let them show you how you can receive income and leave a legacy.

**GARDEN VOLUNTEERS NEEDED!**

Do you have a free hour once a week? Do you enjoy spending time outside? Do you like to get your hands dirty? Florence Food Share invites you to join us in our Garden!

Located behind the Food Share building, the Garden includes raised beds, large pots, and a greenhouse—all devoted to growing fresh organic produce to supplement Food Share distributions. If you've not seen the Garden, stop by and check it out. It is an amazingly productive space, and a wonderful place to spend a few hours—all for a very good cause.

Most of the raised beds are just awakening from winter, and early seeds are being planted: think peas, lettuce and carrots. As the seasons progress we'll add beans, tomatoes, broccoli, squash and more.

What can you do in the Garden? Planting, watering, weeding, harvesting, building new beds, etc. On the inside door of the Garden shed is a diagram showing what is planted where, along with a watering schedule. You're welcome to come when it's convenient for you. If you only have an hour, sign up to water one day a week—if it rains that day, you're off the hook. As with any garden, the weeds are available when you are. Harvesting is one of the most rewarding Garden activities and is normally done weekday mornings.

If you'd like to volunteer in the Garden, please contact Karen first to register. Whatever your interest, we welcome you. See you in the Garden.

**Garden Wish List (can you help with these?):  
 Seeds, Plants, Deer netting, Organic fertilizer.**

**DONATION ALTERNATIVES**

If you want to help Food Share, but you are unable to give money or volunteer time right now, *you can still make a difference.*

If you receive the Sunday Register Guard or Oregonian, bring us the coupon sections. We keep a coupon file for our clients. If you want to cut them out for us first, that is even more of a gift.

*(Donation Alternatives, continued from page 2)*

We have a bookshelf for donated magazines and books that is very popular. Before you toss last month's magazines, bring them to Food Share. After you finish a paperback book, bring it to us. We would be grateful if you save them up for a month or two to save yourself extra trips and gas.



**Retired and need something to occupy yourself? Food Share always needs volunteers! Thanks Gale & Pam for all you do!**

If you have extra produce from your garden or farm, or you have lots of extra fruit on your tree, please consider bringing it to Food Share to share. Our clients love taking fresh produce home to their families.

If you have a loved one or friend who passes away or moves into an alternative care facility, please consider bringing all their non-perishable food to Food

Share. We will weigh your donation and give you a tax receipt, if you choose.

Save your egg cartons and bring them to us when you are in the neighborhood. We use them to break down large egg donations into usable portions. We pack most of the food for our clients in boxes, so we would love your extra boxes. Bring them to us instead of breaking them down. Plastic bags, like the ones you get your groceries packed in, are always needed. We keep them in the lobby area for bread and produce.

Everyone can help make a difference in the lives of others!

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### **“A CAN A WEEK IS WHAT WE NEED” ONGOING FOOD DRIVE**

Have you seen the food collection barrels located in various locations throughout Florence? These barrels are for Food Share's ongoing food drive campaign. This food raising campaign is called “A Can A Week Is What We Need” to Keep the Shelves Full.

Look for collection barrels at Fred Meyer (north entrance), The Dollar Tree, Grocery Outlet, Twin Lakes Store, and Safeway (north entrance). Barrels are also located at Morgan's Country Kitchen, the Post Office, and in some local community clubhouses. If you don't see a barrel, *please ask*, and help us place more of them in locations around town.

This campaign is not designed to replace our special food drives, but is an attempt to keep the shelves full in between those drives. It is also a way to keep the community aware of the ongoing hunger issue for Florence and the surrounding communities.

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### **DID YOU KNOW ? ? ?**

*Based on information from the Oregon Hunter Factors Survey conducted in April 2006 by the Oregon Food Bank.*

- ... **47%** of households served had at least one member working.
- ... **30%** of households served had one or more members working full time.
- ... **45%** of families with children had at least one full-time worker.
- ... **22%** of households with children report cutting or reducing the size of child's meals. Of those, 35% do this almost every month.
- ... **68%** of households worry at least sometimes about how they will get their next meal.

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### **BIGGER & BETTER “EMPTY BOWLS”**

For all of you pottery fans, this will be great news! Food Share's annual Empty Bowls Sale is being worked on, upgraded, re-tuned—whatever you want to call it. Empty Bowls has been a very popular and well supported fundraiser here in Florence. Local artists make and donate beautiful bowls of all shapes and sizes. Food Share sells them and local restaurants offer a free bowl of soup for the purchaser.

The basic concept will remain the same but with a grant from the Western Lane Community Foundation, Food Share will be able to offer clay to help the artists create more bowls for the sale. We are also hoping that by offering clay, we will get artists involved who haven't been able to donate their work in the past.

While we don't have all the details worked out yet, we are very grateful to the Western Lane Community Foundation for the grant of \$2,000. With their help, we will be able to double the number of bowls available for sale at our annual Empty Bowls sale!

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### **OUR WEBSITE IS COMING!**

Thanks in part to the Fred Meyer Foundation, Food Share will soon have a presence on the World Wide Web! Sometime in the next few months we will have a website up and running. All of us here at Food Share are very excited! Keep watching for further updates.

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### **COW CREEK TRIBE AWARDS GRANT**

In January of this year, the Cow Creek Umpqua Indian Foundation funded a grant request from Florence Food Share for \$5,000. This is the first time that Food Share has received funding from the Cow Creek Foundation. The grant money will be used to purchase food for distribution to clients. The Cow Creek Umpqua Indian Tribes operates the Seven Feathers Casino in Canyonville.



2190 Spruce Street  
 P.O. Box 2514  
 Florence, OR 97439

Phone: 541-997-9110  
 Fax: 541-997-6546  
 Email: ffs@presys.com



United Way of Lane County

ADDRESS SERVICE REQUESTED

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 U.S. POSTAGE  
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 Florence, OR 97439  
 Permit No. 49

Are you a  
 Project Person?  
 Do you want to have  
 fun, meet new people,  
 make a huge difference?

**Sign up today to  
 participate on a  
 Food Share Project  
 Team!**

Work with  
 motivated people.  
 Choose your time  
 and energy level.  
 Short, long, or  
 intermittent commitment

**WE WANT YOU!**

For more information  
 Call Karen at  
 Florence Food Share  
 997-9110

**FREE LUNCH**  
**FREE TO EVERYONE!**

**TUESDAYS & THURSDAYS FROM 11:30 - 12:30**  
**LIVE MUSIC 11:30 - 12:15**

**FLORENCE UNITED METHODIST CHURCH**  
**2ND & KINGWOOD**

**I WANT TO HELP ...**

Here is my gift for \$\_\_\_\_\_       I can help in fundraising activities

I can help to distribute food       I can help to collect food

I want to get my church or organization involved

Call me and we'll talk!

Other \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Please return to: **Florence Food Share**  
**P.O. Box 2514, Florence, OR 97439**  
**Phone: (541) 997-9110**

